

Description	Serving Size (g)	Servings per Container	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (IU)	Calcium (mg)	Iron (mg)	Potassium (mg)
<b>English Muffins</b>																	
Bacon, Egg, & Cheese	126	1	390	25	7	0	270	990	18	2	2		21	0	0	0	0
Egg & Cheese	114	1	330	21	5	0	265	630	18	1	1		16	0	0	0	0
Ham, Egg, & Cheese	152	1	370	22	6	0	280	1080	19	3	3		22	0	0	0	0
Sausage & Cheese	156	1	550	43	13	0	305	920	18	1	1		21	0	0	0	0
Sausage, Egg, & Cheese	170	1	600	47	14	0	305	1140	20	1	1		23	0	0	0	0
<b>Croissants</b>																	
Bacon, Egg, & Cheese	140	1	330	25	7	0	270	840	5	0	1		18	0	0	0	0
Egg & Cheese																	
Ham, Egg, & Cheese	166	1	300	22	6	0	280	920	5	0	2		20	0	0	0	0
Sausage, Egg, & Cheese	184	1	530	46	14	0	305	980	6	0	0		20	0	0	0	0
<b>Bagel</b>																	
Mild Bagel	212	1	800	51	16	0	310	1590	55	2	5		30	0	0	0	0
Southwest Bagel	212	1	810	52	18	0	335	1320	53	2	5		33	0	0	0	0
Egg & Cheese	156	1	530	25	7	0	265	1070	53	2	5		23	0	0	0	0
<b>Misc.</b>																	
LA Cinna Bread	128	1	670	41	12	0	50	1170	65	5	23		15	0	0	0	0
Breakfast Burrito	123	1	270	12	4.5	0	90	750	29	3	1		11	0	0	0	0
Ham & Cheese Stuffed Hashbrowns	106	1	260	14	5	0	10	790	23	3	4		9	0	0	0	0
Sausage & Gravy Stuffed Hashbrowns	106	1	270	16	5	0	10	750	25	3	5		6	0	0	0	0
Egg, Cheese, & Veggie Stuffed Hashbrowns	106	1	250	13	5	0	30	610	25	3	4		7	0	0	0	0
Breakfast Pizza	289	1	730	24	12	0	145	1890	97	3	11		32	0	0	0	0
<b>Muffins</b>																	
Banana Nut Muffin 4 Pack	110	4	410	18	3	0	75	330	55	1	31		5	0	0	0	0
Banana Nut Muffin 4 Pack	110	1	410	18	3	0	75	330	55	1	31		5	0	0	0	0
Blueberry Muffin 4 Pack	110	4	370	15	3	0	75	310	53	1	29		5	0	0	0	0
Blueberry Muffin 4 Pack	110	1	370	15	3	0	75	310	53	1	29		5	0	0	0	0
Chocolate Chip Muffin 4 Pack	110	4	410	18	4.5	0	70	340	59	1	34		5	0	0	0	0
Chocolate Chip Muffin 4 Pack	110	1	410	18	4.5	0	70	340	59	1	34		5	0	0	0	0
Cinnamon Muffin 4 Pack	110	4	430	19	4.5	0	70	350	60	1	35		5	0	0	0	0
Cinnamon Muffin 4 Pack	110	1	430	19	4.5	0	70	350	60	1	35		5	0	0	0	0
Cranberry Nut Muffin 4 Pack	110	4	380	16	3	0	70	330	53	1	28		5	0	63	1	85
Cranberry Nut Muffin 4 Pack	110		380	16	3	0	70	330	53	1	28		5	0	63	1	85
Double Chocolate Muffin	110		450	24	5	0	75	500	53	0	34		6		60	2	
Double Chocolate Muffin 4 Pack	110	4	450	24	5	0	75	500	53	0	34		6		60	2	
Lemon Poppy Muffin	110	1	410	18	3	0	75	380	57	1	31		5		105	1	85
Lemon Poppy Muffin 4 Pack	110	4	410	18	3	0	75	380	57	1	31		5		105	1	85
Pistachio Muffin	110	1	420	20	3.5	0	70	370	55	1	30		6		70	1	90
Pistachio Muffin 4 Pack	110	4	420	20	3.5	0	70	370	55	1	30		6		70	1	90
Pumpkin Muffin	110	1	370	15	3	0	65	340	53	1	30		5	0	0	0	0
Pumpkin Muffin 4 Pack																	
<b>Cookies</b>																	
Sugar Cookie 8 Pack	54	8	250	11	3	0	10	140	37	0	20		2	0	0	0	0
White Chocolate Cranberry 8 Pack	54	8	240	9	4.5	0	30	140	35	1	20		4	0	25	1	60
Chip N Chunk Cookie	108	1	520	24	14	0	60	340	70	0	46		6	0	0	0	0
Triple Chocolate Cookie	108	1	520	26	16	0	70	340	62	0	44		6	0	0	0	0
Sugar Cookie 8 Pack	174	1	820	34	10	0	40	460	118	0	66		8	0	0	0	0
Oatmeal Raisin 2 Pack	54	2	220	7	3.5	0	30	140	36	2	20		3		17	1	135
Chip N Chunk Cookie	108	1	480	20	12	0	50	340	72	2	48		6	0	0	0	0
White Chocolate Cranberry Cookie	54	1	240	9	4.5	0	30	140	35	1	20		4	0	25	1	60
Chip N Chunk 2 Pack	54	8	260	12	7	0	30	170	35	0	23		3	0	0	0	0
Triple Chocolate 2 Pack	54	8	260	13	8	0	35	170	31	0	22		3	0	0	0	0
Chip N Candy 2 Pack	54	8	240	10	6	0	25	170	36	1	24		3	0	0	0	0
Oatmeal Raisin 8 Pack	54		220	7	3.5	0	30	140	36	2	20		3		17	1	135

Clark's Donuts

Vanilla Frosted Vanilla Cake Donut with Coconut	41	1	150	2.5	0.5	0.5	0	200	29	1	12	3	0	0	0	0
Vanilla Frosted Vanilla Cake Donut	41	1	150	1.5	0	0	15	240	32	0	19	2	0	0	0	0
Vanilla Frosted Vanilla Cream Filled Long Johns	55	1	310	7	2	2	0	250	57	0	33	4	0	0	0	0
Vanilla Frosted Bear Claw	107	1	390	6	1.5	1.5	0	520	75	2	32	7	0	0	0	0
Vanilla Frosted Cinnamon Rolls	107	1	360	6	1.5	1.5	0	460	70	2	30	7	0	0	0	0
Vanilla Frosted Raised Donut	45	1	200	3.5	1	1	0	270	38	0	15	4	0	0	0	0
Vanilla Frosted Toasted Coconut Cinnamon Rolls	107	1	360	6	1.5	1.5	0	460	70	2	30	7	0	0	0	0
Maple Frosted Bear Claw	107	1	380	6	1.5	1.5	0	520	73	2	31	7	0	0	0	0
Maple Frosted Cinnamon Roll	107	1	350	6	1.5	1.5	0	460	68	2	30	7	0	0	0	0
Maple Frosted Raised Donut	45	1	200	3.5	1	1	0	270	37	0	15	4	0	0	0	0
Powered Vanilla Cream Filled Long Johns	55	1	190	3	1	1	0	240	36	1	15	4	0	0	0	0
Raspberry Jelly Filled Donut	55	1	350	4	1	1	0	300	73	1	47	5	0	0	0	0
Chocolate Frosted Bavarian Filled Donut	55	1	290	4.5	1	1	0	320	57	1	30	5	0	0	0	0
Chocolate Frosted Raised Donut	45	1	200	3.5	1	1	0	270	37	0	14	4	0	0	0	0
Chocolate Frosted Vanilla Cake Donut	41	1	150	2	0	0	15	240	31	0	18	2	0	0	0	0
Chocolate Frosted Vanilla Cream Filled Long Johns	55	1	310	7	2	2	0	250	56	0	33	4	0	0	0	0
Glazed Raised/Twists	45	1	190	3.5	1	1	0	270	36	0	2	4	0	0	0	0
Apple Fritter	68	1	290	17	8	0	0	240	29	1	7	4	0	0	0	0
Blueberry Donut	56	1	270	17	8	0	10	350	26	1	10	3	0	0	0	0
Chocolate Bavarian Filled Donut	127	1	420	21	10	0	0	340	54	8	8	4	0	0	0	0
Chocolate Cream Filled Long John	120	1	500	25	12	0	0	320	65	8	11	4	0	0	0	0
Chocolate Donut	105	1	390	18	9	0	0	320	53	9	4	5	0	0	0	0
Chocolate Twist Donut	113	1	330	14	6	0	0	290	47	8	3	4	0	0	0	0
Glazed Cinnamon Rolls	145	1	530	15	5	0	10	470	91	2	52	7	0	0	0	0
Glazed Cream Filled Long Johns	125	1	520	23	11	0	0	310	74	0	43	4	0	0	0	0
Glazed Donut	110	1	410	16	8	0	0	310	62	1	36	5	0	0	0	0
Glazed Twist	118	1	350	12	5	0	0	270	57	1	35	4	0	0	0	0
Iced Bavarian Donut	132	1	440	19	9	0	0	330	62	0	37	4	0	0	0	0
Iced Cinnamon Roll	145	1	520	15	5	0	10	470	90	2	49	7	0	0	0	0
Iced Cream Filled Long Johns	125	1	520	23	11	0	0	310	73	0	40	4	0	0	0	0
Iced Donut	110	1	410	16	8	0	0	310	61	1	33	5	0	0	0	0
Iced Twist	118	1	340	12	5	0	0	270	56	1	32	4	0	0	0	0

Description	Serving Size (g)	Servings per Container	Calories	Total Fat (g)							Total Carbohydrates (g)			Total Sugars (g)			Protein (g)	Vitamin D (IU)	Calcium (mg)	Iron (mg)	Potassium (mg)
				Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)									
<b>Mini Subs</b>																					
Best in Show Pizza	129	1	320	14	4.5	0	25	980	36	2	4	12	50	2	70						
Blue Ribbon BLT	222	1	260	6	2	0	10	770	37	4	5	13	50	2	70						
Country Combo	307	1	410	18	7	0	70	1700	39	4	7	26	50	2	70						
Gob Boss	262	1	240	2	0	0	25	610	37	4	5	18	50	2	70						
Hot Chick	264	1	230	2	0	0	45	730	36	4	5	18	50	2	70						
Italian Stallion	281	1	430	22	8	0	65	1400	38	4	6	22	50	2	70						
Mighty Bull	319	1	450	23	9	1	60	880	41	4	6	20	50	2	70						
Steak Stampede	260	1	220	0.5	2.5	0	25	540	38	4	6	15	50	2	70						
The Ham	280	1	250	2.5	0.5	0	35	1160	38	4	7	20	50	2	70						
Wabbit's Delight	248	1	340	14	8	0	45	540	37	4	5	17	50	2	70						
<b>Half Subs</b>																					
Best in Show Pizza	258	1	630	28	9	0	50	1950	72	5	8	23	100	4	140						
Blue Ribbon BLT	310	1	510	12	4	0	20	1520	69	6	8	26	100	4	140						
Country Combo	478	1	810	37	14	0	145	3390	75	6	10	51	100	4	140						
Gob Boss	390	1	450	4.5	1	0	50	1200	70	6	6	34	100	4	140						
Hot Chick	392	1	450	4	0.5	0	85	1440	68	6	7	35	100	4	140						
Italian Stallion	427	1	830	44	17	0	125	2780	73	6	8	42	100	4	140						
Mighty Bull	475	1	790	39	15	1.5	100	1570	76	7	8	35	100	4	140						
Steak Stampede	384	1	420	1.5	4.5	0.5	55	1060	72	6	9	30	100	4	140						
The Ham	426	1	490	5	1.5	0	65	2300	73	6	11	39	100	4	140						
Wabbit's Delight	361	1	670	29	15	0	90	1060	71	6	6	34	100	4	140						
<b>Whole Subs</b>																					
Best in Show Pizza	517	1	1260	55	19	0	105	3910	143	10	16	47	200	8	280						
Blue Ribbon BLT	619	1	1010	25	8	0	40	3030	139	13	15	51	200	8	280						
Country Combo	957	1	1620	73	27	0	290	6780	150	13	20	102	200	8	280						
Gob Boss	780	1	900	9	2	0	100	2400	140	13	12	68	200	8	280						
Hot Chick	780	1	890	8	1	0	170	2840	136	13	15	70	200	8	280						
Italian Stallion	855	1	1670	88	34	0	255	5570	146	13	16	85	200	8	280						
Mighty Bull	893	1	1540	75	30	3.5	200	2930	149	14	14	69	200	8	280						
Steak Stampede	769	1	830	3	9	1.5	105	2130	144	13	18	59	200	8	280						
The Ham	852	1	980	11	2.5	0	130	4610	146	13	23	77	200	8	280						
Wabbit's Delight	723	1	1330	58	30	0	180	2120	142	13	12	67	200	8	280						
<b>Wraps</b>																					
Best in Show Pizza	217	1	570	31	11	0	50	2110	54	4	5	20	0	0	0						
Blue Ribbon BLT	268	1	460	16	5	0	20	1620	53	3	5	22	0	0	0						
Country Combo	437	1	750	40	15	0	145	3540	57	5	7	48	0	0	0						
Gob Boss	376	1	440	12	4.5	0	60	1470	52	5	3	35	212	0	0						
Hot Chick	349	1	380	7	2	0	85	1570	50	5	4	32	0	0	0						
Italian Stallion	386	1	790	47	18	0	125	2880	56	3	5	38	0	0	0						
Mighty Bull	433	1	730	42	17	1.5	100	1720	59	6	5	32	0	0	0						
Steak Stampede	343	1	370	5	6	0.5	55	1160	55	3	6	26	0	0	0						
The Ham	384	1	450	9	2.5	0	65	2400	56	3	8	35	0	0	0						
Wabbit's Delight	320	1	600	32	17	0	90	1210	53	5	3	31	0	0	0						
<b>Walkin' Tacos</b>																					
Walkin' Taco	221	1	360	20	7	0	30	980	32	5	4	13	0	0	0						
Walkin' Taco Grande	270	1	410	24	9	0	45	990	35	6	7	14	0	3	0						
Walkin' Taco Wrap	342	1	650	29	11	0	45	1670	80	9	6	22	0	0	0						

7" Pizzas																
Buffalo Chicken	236	1	540	23	6	1.5	55	1940	55	1	2	24	0	0	0	0
Deluxe	347	1	750	29	10	2	50	1630	87	3	6	29	0	0	0	0
Double Cheese	349	1	880	38	13	4.5	60	1810	89	3	5	36	0	0	0	0
Pepperoni	307	1	790	34	12	2	60	1800	84	3	5	29	0	0	0	0
Steakhouse	383	1	770	30	12	2.5	70	1970	84	3	9	35	0	0	0	0
Taco Pizza	356	1	690	18	8	1	30	1650	106	5	8	24	0	0	0	0
Triple Meat	357	1	970	47	17	2.5	75	2530	88	3	5	40	0	0	0	0
White Veggie	316	1	720	32	11	0.5	45	1140	84	4	5	24	0	0	0	0
16" Pizzas																
Buffalo Chicken	954	1	2750	225	48	8	325	11110	72	2	14	94	0	0	0	0
Deluxe	969	1	2000	133	47	8	245	6340	95	6	20	85	0	0	0	0
Double Cheese	681	1	1440	83	28	10	140	4370	87	3	17	63	0	0	0	0
Pepperoni	756	1	1790	115	40	10	205	5660	87	3	17	76	0	0	0	0
Steakhouse	930	1	2690	221	52	9	225	6920	94	4	27	72	0	0	0	0
Taco Pizza	949	1	1530	90	37	9	180	6200	97	16	29	73	0	0	0	0
Triple Meat	973	1	2590	182	65	9	315	9120	91	3	18	121	0	0	0	0
White Veggie	993	1	2760	236	61	4	250	5310	91	7	21	67	0	0	0	0
Pretzel Melts																
Ham and Swiss	229	1	520	15	8	0	50	940	72	2	19	26	0	0	0	0
Italian Stallion	274	1	840	48	17	0	90	2000	74	2	18	30	0	0	0	0
Turkey, Bacon, and Cheddar	229	1	630	32	10	0	60	900	62	2	8	26	0	0	0	0
Hot off the Grill																
Smith's Big Dog	134	1	360	19	6	0	35	1140	30	1	5	16	0	0	0	0
Smith's Hot Dog	100	1	280	13	4	0	25	790	28	1	4	12	21	0	0	0
Smith's Italian Sausage	128	1	340	17	5	0	55	1090	28	1	3	19	0	0	0	0
Smith's Kielbasa	99	1	320	17	6	0	35	710	31	1	7	10	0	0	0	0
Snacks																
Cheddar Stuffed Pretzel	177	1	510	15	8	0	45	840	78	3	3	18	0	0	0	0
Cheeseburger Sliders	130	1	380	19	6	0	50	530	33	0	4	20	0	0	0	0
Chicken Pot Pie Soup	340	1	190	0	3	0	70	1370	23	3	4	24	0	0	0	0
Chicken Sliders	182	1	440	17	3	0	50	880	48	2	6	22	0	0	0	0
CoFair-a-roni Rolls	128	1	420	21	8	0	40	720	41	0	6	16	0	0	0	0
Jalepeno Stuffed Pretzel	177	1	480	11	4.5	0	30	1350	75	3	3	18	0	0	0	0
Mac and Cheese	227	1	190	0	5	0	25	1150	35	1	4	11	0	0	0	0
Plain Soft Pretzel																
Featured Sandwiches and Salads																
Chicken Cordon Bleu Sandwich	263	1	480	15	6	0	115	1870	48	2	12	42	0	0	0	0
Philly Cheesesteak Sandwich	216	1	320	6	6	0.5	50	970	44	2	7	22	0	0	0	0
Prime Rib Sandwich	49	1	290	27	8	0	50	480	5	0	3	7	0	0	0	0
The Rachel Sandwich	151	1	200	10	6	0	65	800	4	1	1	25	0	11	1	65
Turkey Bacon Avocado Sandwich	225	1	290	17	3.5	0	45	1150	10	4	2	24	0	0	0	210
Cobb Salad	554	1	1010	71	26	0	980	2510	15	5	9	76	0	0	0	210
Italian Salad	532	1	720	55	21	0	720	1990	14	2	8	48	0	32	4	5
Steak Salad	539	1	800	54	23	0.5	935	1330	18	5	10	60	0	0	0	210
Buffalo Chicken Salad	441	1	400	26	11	0	125	2320	12	2	7	34	0	32	4	5
Chef Salad	269	1	350	23	10	0	410	680	7	1	5	29	0	0	0	0
House Salad	184	1	130	9	5	0	30	200	6	2	4	9	0	0	0	0

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<b>Deli</b>																	
KRETSCHMAR PEPPERJACK CHEESE	57	Varies	200	16	10	0	60	340	2	0	0		14	0	0	0	0
DELI AMERICAN CHEESE	57	Varies	180	14	7	0	10	900	6	0	0		8	0	0	0	0
DELI SWISS CHEESE/LB	57	Varies	220	16	12	0	50	100	0	0	0		14	0	0	0	0
DELI PROVOLONE CHEESE/LB	57	Varies	100	8	4	0	20	240	0	0	0		7		432	0	
DELI HOT PEP CHEESE/EA	57	Varies	180	14	8	0	40	790	0	0	0		10	0	0	0	0
DELI MINI COLBY/LB	57	Varies	220	18	12	0	60	340	2	0	0		14	0	0	0	0
DELI MOZZ CHEESE/LB	57	Varies	190	14	5	2	25	440	2	0	0		10	0	0	0	0
DELI COOKED HAM/LB	114	Varies	140	6	2	0	50	1510	4	0	4		18	0	0	0	0
DELI VIRGINIA HAM/LB	57	Varies	70	2.5	0	0	25	560	3	0	2		9	0	0	0	0
DELI CHOPPED HAM/LB	57	Varies	60	1	0.5	0	30	390	0	0	0		11	0	0	0	0
DELI HAM OFF BONE/LB	57	Varies	80	3.5	0	0	20	460	2	0	1		10	0	0	0	0
DELI TURKEY BREAST/LB	57	Varies	50	0.5	0	0	20	460	3	0	2		10	0	0	0	0
DELI CHICKEN BREAST/LB	57	Varies	50	1	0	0	20	520	1	0	1		11	0	0	0	0
DELI HARD SALAMI/LB	57	Varies	220	20	8	0	60	980	2	0	0		12	0	0	0	0
DELI SAND PEPPERONI/LB	114	Varies	530	45	18	0	100	1950	4	0	4		24	0	0	0	0
DELI ECK BOLOGNA/LB	57	Varies	190	17	6	0	25	670	3	0	2		6	0	0	0	0
DELI CAPPACOLA/LB	57	Varies	120	8	3	0	35	770	2	0	1		10	0	0	0	0
DELI SMKHSE HAM/LB	57	Varies	60	1.5	0.5	0	15	670	0	0	0		11	0	0	0	0
DELI SMITH'S BOLOGNA	57	Varies	140	12	4.5	0	30	530	2	0	1		7	0	0	0	0
SM BOLOGNA GARLIC	57	Varies	140	12	4.5	0	30	530	2	0	1		7	0	0	0	0
DELI CHEDDAR/EA	57	Varies	220	18	12	0	60	370	0	0	0		14	0	0	0	0
DELI OLD FASHION LF/EA	57	Varies	140	11	4	0	25	650	5	0	1		7	0	0	0	0
DELI ECK TRKY BRST/EA	57	Varies	50	0.5	0	0	20	460	2	0	0		10	0	0	0	0
DELI PEPPERONI CHEESE/EA	57	Varies	220	18	12	0	60	940	0	0	0		12	0	0	0	0
DELI CORNED BEEF	57	Varies	60	1.5	0.5	0	25	420	1	0	0		11	0	0	0	0
DELI WHITE AMERICAN		Varies															
DELI HIGH TOP SWISS	57	Varies	220	16	12	0	50	100	0	0	0		14	0	0	0	0



## Cold Grab N Go

Blue Ribbon BLT Wrap	326	1	870	58	14	0	65	2080	53	3	4	28	0	0	0	0
Cantelope Cup	177	Varies	70	0	0	0	0	25	16	1	15	1	0	0	0	0
Chef Salad	269	1	350	23	10	0	410	680	7	1	5	29	0	0	0	0
Chef Salad with Spring Mix	241		360	23	10	0	410	730	8	1	2	29		1	1	
Chicken Salad on Wheat	139	1	430	25	3.5	0	50	820	38	2	6	17	0	0	0	0
Chicken Salad on White	137	1	430	25	3.5	0	50	830	36	2	4	15	0	0	0	0
Deli Pepperoni Stick	85	Varies	390	33	12	0	90	1520	3	0	0	18	0	0	0	0
Egg Salad on Wheat	139	1	380	22	4	0	250	600	35	2	4	14	0	0	0	0
Egg Salad on White	137	1	380	22	4	0	250	610	33	2	2	12	0	0	0	0
Gob Boss Wrap	393	1	740	45	8	0	70	1630	52	3	3	31		215	0	
Grap Sampler Cup	57	1	40	0	0	0	0	5	10	0	9	0	0	0	0	110
Grape Cup	215	Varies	150	0	0	0	0	25	39	2	34	0	0	0	0	410
Grilled Salad	321	1	400	24	10	0	460	1030	6	1	5	40	0	0	0	0
Grilled Salad with Spring Mix	293		410	24	10	0	460	1080	7	1	2	40		1	1	
Half Country Combo Sub	410	1	770	45	19	0	155	3260	48	3	8	50	0	0	0	0
Half Gob Boss Sub	367	1	430	4	1	0	45	1110	69	6	6	31		100	4	140
Half Italian Stallion Sub	449	1	920	52	22	0	145	3100	70	3	6	49	0	70	4	10
Half The Ham Sub	396	1	520	12	6	0	65	2010	68	3	7	37	0	70	4	10
Ham and Swiss Pretzel Melt	199	1	460	14	8	0	50	810	61	2	9	26	0	0	0	0
Hard Boiled Eggs	85	1	300	21	7	0	710	240	2	0	2	25	0	0	0	0
Hot Chick Wrap	407	1	750	41	9	1.5	110	3320	53	3	5	37	0	0	0	0
House Salad	236	1	320	23	10	0	395	370	6	1	4	23	0	0	0	0
Italian Melt	218	1	660	34	15	0	85	1520	62	2	8	30	0	0	0	0
Italian Stallion Wrap	431	1	980	63	24	0	150	3370	63	3	10	45	0	0	0	0
Meat and Cheese Cup	170	1	460	34	19	0	120	1910	5	0	1	34	0	0	1	850
Mixed Fruit Cup	215	Varies	120	0	0	0	0	15	29	2	24	2	0	0	0	0
Pepperoni and Cheese Cup	170	1	740	64	30	0	135	2790	0	0	0	36	1	30	1	240
Pickled Eggs	85	1	130	9	3	0	315	105	1	0	1	11	0	0	0	0
Pineapple Cup	177	Varies	80	0	0	0	0	15	21	2	16	2	0	0	0	0
Spinach Salad	281	1	510	33	14	0	300	1840	6	2	2	46	0	0	0	0
Strawberry Cup	177	Varies	60	0	0	0	0	0	13	2	10	1	0	0	0	0
Turkey, Bacon, Cheddar Melt	199	1	470	15	8	0	55	590	60	2	7	26	0	0	0	0
Watermelon Cup	218	Varies	60	0	0	0	0	0	16	1	16	1	0	0	0	0
Whole Country Combo Sub	929		1550	65	28	0	255	6070	148	12	19	101		200	8	280
Whole Italian Stallion Sub	907		1900	104	47	0	280	5740	148	12	16	103		200	8	280

Description	Serving Size (g)	Servings per Container	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (IU)	Calcium (mg)	Iron (mg)	Potassium (mg)
<b>Breads</b>																	
Half White Sub Roll	156	1	330	1.5	0	0	0	660	66	2	1	12	0	77	4	10	
Half Wheat Sub Roll	156	1	340	1.5	0	0	0	580	70	5	3	12	0	110	4	150	
Wheat Wrap	100	1	250	5	1.5	0	0	680	46	4	0	8	0	0	0	0	
White Wrap	100	1	270	5	1	0	0	630	47	2	0	7	0	0	0	0	
Gluten Free Wrap	65	1	140	6	0	0	25	320	26	2	3	5	0	0	0	0	
Half Everything Sub Roll	76	1	2340	140	0.5	0	0	4510	180	58	2	90	0	0	0	0	
English Muffin	57	1	70	0	0	0	0	160	14	1	1	2	0	0	0	0	
Croissant	71	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Bagel	85	1	220	1	0	0	0	380	47	2	5	7	0	0	0	0	
Breakfast Wrap	52	1	140	3	0.5	0	0	330	24	2	0	4	0	0	0	0	
Pretzel Roll	114	1	300	4.5	2	0	0	75	58	2	7	8	0	0	0	0	
Slider Roll (Each)	37	1	90	1.5	0	0	0	160	17	0	2	3	0	0	0	0	
Hot Dog Rolls	43	1	140	1.5	0	0	0	220	27	1	3	4	0	0	0	0	
L.A. Cinnamon Bread	57	1	350	11	1.5	0	0	430	61	5	23	6	0	0	0	0	



Description	Serving Size (g)	Servings per Container	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (IU)	Calcium (mg)	Iron (mg)	Potassium (mg)
<b>Mini Sub Portions</b>																	
<b>Half Sub/Wrap Portions</b>																	
Sliced American	28	1	90	7	3.5	0	5	440	3	0	0	4	0	0	0	0	0
Provolone Cheese	28	1	100	8	5	0	20	240	1	0	0	7	0	0	0	0	0
Swiss Cheese	28	1	100	8	5	0	25	60	1	0	0	8	0	0	0	0	0
Cheddar Cheese	28	1	110	9	5	0	30	170	1	0	0	7	0	0	0	0	0
Pepperjack Cheese	28	1	100	8	5	0	30	170	1	0	0	7	0	0	0	0	0
Smoked Ham	56	1	60	1.5	0	0	25	660	2	0	2	10	0	0	0	0	0
Turkey	43	1	45	1	0	0	20	250	1	0	0	8	0	0	0	0	0
Roast Beef	71	1	70	1	0.5	0	30	460	1	0	0	14	0	0	0	0	0
Italian Meats	57	1	180	14	6	0	45	800	2	0	1	11	0	0	0	0	0
Combo Meats	80	1	160	10	4	0	50	1060	3	0	2	15	0	0	0	0	0
Meatball	85	1	250	21	9	1	60	490	3	0	0	13	0	0	0	0	0
Steak	57	1	45	0	2.5	0	30	270	2	0	1	9	0	0	0	0	0
Buffalo Chicken	57	1	60	1	0	0	45	440	0	0	1	11	0	0	0	0	0
BLT	26	1	130	8	3	0	15	750	1	0	1	10	0	0	0	0	0
Beer Cheese	57	1	120	9	5	0	20	430	5	0	3	4	0	0	0	0	0
Salami	43	1	170	15	6	0	45	730	2	0	0	9	0	0	0	0	0
Pulled Chicken	113	1	110	2.5	0.5	0	85	870	0	0	1	23	0	0	0	0	0
Pepperoni	43	1	200	17	6	0	45	760	2	0	0	9	0	0	0	0	0
Taco Meat	28	1	25	1.5	0.5	0	5	115	1	1	0	2	0	0	0	0	0
<b>Whole Sub Portions</b>																	
<b>Other Extras</b>																	
Hard Boiled Egg	100	1	360	24	8	0	835	280	2	0	2	29	0	0	0	0	0
Pickled Egg	170	1	260	19	6	0	630	210	2	0	2	22	0	0	0	0	0
Cubed Swiss	14	1	25	2	1.5	0	5	10	0	0	0	2	0	0	0	0	0
Cubed Cheddar	30	1	120	10	6	0	30	190	1	0	1	7	0	0	0	0	0
Shredded Cheddar	28	1	110	9	5	0	30	180	1	0	0	7	0	0	0	0	0
Bacon 6 Slices	25	1	130	8	3	0	15	730	1	0	1	10	0	0	0	0	0
Bacon 12 Slices	50	1	260	16	6	0	30	1450	3	0	2	20	0	0	0	0	0
Veggie Mix	680	Varies	140	0	0	0	0	560	30	11	20	7	0	0	0	0	0
Taco Meat	99	1	90	6	2	0	15	400	3	2	1	7	0	0	0	0	0
<b>Breakfast Extras</b>																	
Egg Patty	100	1	510	40	9	0	610	590	6	0	1	27	0	0	0	0	0
Breakfast Burrito	125	1	230	15	7	0	155	750	9	1	1	13	0	0	0	0	0
Sausage Patty	57	1	270	26	9	0	45	520	2	0	0	7	0	0	0	0	0
Sliced Bacon	100	1	530	33	12	0	55	2930	5	0	4	40	0	0	0	0	0
<b>Pizza Extras</b>																	
Fully Cooked Bacon Topping	100	1	470	37	14	0	50	2190	1	0	1	29	0	0	0	0	0
Italian Sausage Topping	84	1	250	22	8	0	45	740	2	0	0	11	0	0	0	0	0
Meatballs	85	1	250	21	9	1	60	490	3	0	0	13	0	0	0	0	0
Pulled Chicken	100	1	100	2	0.5	0	75	770	0	0	1	20	0	0	0	0	0
Steak with Veggie Mix	85	1	90	2.5	1	0	25	570	7	1	4	10	0	0	0	0	0
Diced Mozzarella	28	1	100	7	2.5	1	15	220	1	0	0	5	0	0	0	0	0

Description	Serving Size (g)	Servings per Container	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin D (IU)	Calcium (mg)	Iron (mg)	Potassium (mg)
	Coffees																
Regular Coffee 8oz	28	1	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Flavored Coffee 8oz	28	1	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Decaf Coffee 8oz	28	1	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Vanilla Latte 12oz	340	About 1.2	270	4	1	2	0	115	57	0	36	2	0	27	0	0	0
Vanilla Latte 16oz	454	About 1.2	360	5	1.5	2.5	0	150	76	0	47	2	0	37	0	0	0
Vanilla Latte 20oz	567	About 1.2	450	7	2	3.5	0	190	96	1	59	3	0	46	0	0	0
Vanilla Latte 24oz	680	About 1.2	540	8	2	4	0	230	115	1	71	3	0	55	0	0	0
Cinnamon Latte 12oz	340	About 1.2	270	4	1	2	0	115	58	0	37	2	0	27	0	0	0
Cinnamon Latte 16oz	565	1	450	7	2	3.5	0	190	96	1	61	3	0	45	0	0	0
Cinnamon Latte 20oz	567	About 1.2	450	7	2	3.5	0	190	97	1	61	3	0	46	0	0	0
Cinnamon Latte 24oz	680	About 1.2	540	8	2	4	0	230	116	1	73	3	0	55	0	0	0
Mocha Latte 12oz	340	About 1.2	220	4	1	2	0	115	43	0	21	2	0	27	0	0	0
Mocha Latte 16oz	454	About 1.2	290	6	1.5	2.5	0	150	57	0	29	2	0	37	0	0	0
Mocha Latte 20oz	567	About 1.2	360	7	2	3.5	0	190	71	1	36	3	0	46	0	0	0
Mocha Latte 24oz	680	About 1.2	430	8	2	4	0	230	85	1	43	3	0	55	0	0	0
Original Latte 12oz	419	1	320	8	2	3.5	0	210	63	1	23	3	0	34	0	0	0
Original Latte 16oz	454	About 1.2	350	8	2	4	0	230	68	1	25	3	0	37	0	0	0
Original Latte 20oz	567	About 1.2	440	10	3	5	0	280	85	1	31	4	0	46	0	0	0
Original Latte 24oz	680	About 1.2	530	12	3.5	6	0	340	102	1	37	5	0	55	0	0	0
Vanilla Double Latte 12oz	340	About 1.3	280	4	1	2	0	115	60	0	35	2	0	27	0	0	0
Vanilla Double Latte 16oz	454	About 1.3	380	5	1.5	2.5	0	160	80	1	47	3	0	36	0	0	0
Vanilla Double Latte 20oz	567	About 1.3	470	7	2	3.5	0	190	101	1	59	3	0	45	0	0	0
Vanilla Double Latte 24oz	680	About 1.3	560	8	2	4	0	230	121	1	70	4	0	54	0	0	0
Cinnamon Double Latte 12oz	340	About 1.3	280	4	1	2	0	115	61	0	36	2	0	27	0	0	0
Cinnamon Double Latte 16oz	454	About 1.3	370	5	1.5	2.5	0	150	81	1	48	3	0	36	0	0	0
Cinnamon Double Latte 20oz	567	About 1.3	470	7	2	3.5	0	190	102	1	60	3	0	45	0	0	0
Cinnamon Double Latte 24oz	680	About 1.3	560	8	2	4	0	230	122	1	72	4	0	54	0	0	0
Mocha Double Latte 12oz	340	About 1.3	230	4	1	2	0	115	46	0	22	2	0	27	0	0	0
Mocha Double Latte 16oz	454	About 1.3	310	5	1.5	2.5	0	150	62	1	29	3	0	36	0	0	0
Mocha Double Latte 20oz	567	About 1.3	380	7	2	3.5	0	190	77	1	36	3	0	45	0	0	0
Mocha Double Latte 24oz	680	About 1.3	460	8	2	4	0	230	92	1	43	4	0	54	0	0	0
Original Double Latte 12oz	340	About 1.3	280	6	1.5	3	0	170	55	1	18	3	0	27	0	0	0
Original Double Latte 16oz	454	About 1.3	380	8	2	4	0	230	74	1	24	4	0	36	0	0	0
Original Double Latte 20oz	567	About 1.3	470	10	3	5	0	280	92	1	31	5	0	45	0	0	0
Original Double Latte 24oz	680	About 1.3	560	12	3.5	6	0	340	111	1	37	6	0	54	0	0	0
French Vanilla Cappuccino 12oz	340	About 1.2	230	6	1.5	3	0	200	44	0	28	1	0	29	0	0	0
French Vanilla Cappuccino 16oz	454	About 1.2	300	8	2	4	0	260	59	1	37	1	0	38	0	0	0
French Vanilla Cappuccino 20oz	567	About 1.2	380	10	2.5	5	0	330	73	1	47	1	0	48	0	0	0
French Vanilla Cappuccino 24oz	680	About 1.2	450	12	3	6	0	400	88	1	56	2	0	57	0	0	0
Sugar Free French Vanilla Cappuccino 12oz	340	About 1.2	230	7	7	0	0	130	41	1	1	1	0	29	0	0	0
Sugar Free French Vanilla Cappuccino 16oz	454	About 1.2	310	10	9	0	0	180	55	1	1	1	0	38	0	0	0
Sugar Free French Vanilla Cappuccino 20oz	567	About 1.2	390	12	11	0	0	220	69	1	2	1	0	48	0	0	0
Sugar Free French Vanilla Cappuccino	680	About 1.2	460	15	14	0	0	260	82	1	2	2	0	57	0	0	0
Swiss Chocolate 12oz	340	About 1.3	240	4	1	2	0	110	50	0	43	0	0	27	0	0	0
Swiss Chocolate 16oz	454	About 1.3	320	5	1.5	2.5	0	140	66	0	58	0	0	36	0	0	0
Swiss Chocolate 20oz	567	About 1.3	400	7	2	3.5	0	180	83	0	72	0	0	45	0	0	0
Swiss Chocolate 24oz	680	About 1.3	480	8	2	4	0	220	99	0	87	1	0	54	0	0	0
Hot Chocolate 12oz	340	About 1.2	210	6	1.5	3	0	140	38	0	30	0	0	27	0	0	0
Hot Chocolate 16oz	454	About 1.2	280	8	2	4	0	190	51	0	40	0	0	37	0	0	0
Hot Chocolate 20oz	567	About 1.2	350	9	2.5	4.5	0	240	63	0	50	1	0	46	0	0	0
Hot Chocolate 24oz	680	About 1.2	420	11	3	6	0	290	76	1	60	1	0	55	0	0	0
Mexican Hot Chocolate 12oz	340	About 1.3	230	4	1	2	0	105	49	0	43	0	0	27	0	0	0
Mexican Hot Chocolate 16oz	454	About 1.3	310	6	1.5	3	0	140	65	0	57	0	0	36	0	0	0
Mexican Hot Chocolate 20oz	567	About 1.3	390	7	2	3.5	0	180	81	0	71	0	0	45	0	0	0
Mexican Hot Chocolate 24oz	680	About 1.3	460	8	2	4	0	210	97	1	85	1	0	54	0	0	0
Italian Hot Chocolate 12oz	429	1	280	7	2	3.5	0	190	51	0	40	0	0	34	0	0	0
Italian Hot Chocolate 16oz	454	About 1.3	290	8	2	4	0	200	54	0	43	0	0	36	0	0	0

Italian Hot Chocolate 20oz	567	About 1.3	370	10	2.5	5	0	250	68	0	53	1	0	45	0	0
Italian Hot Chocolate 24oz	680	About 1.3	440	12	3	6	0	300	81	1	64	1	0	54	0	0
Sweet Iced Tea 20oz	20	About 28	10	0	0	0	0	5	2	0	2	0	0	1	0	5
Sweet Iced Tea 30oz	850	1	340	1.5	0	0	0	220	81	0	81	1	0	36	0	320
Sweet Iced Tea 40oz	1134	1	450	2	0	0	0	290	108	0	108	1	0	48	0	420
Iced Coffee 20oz	567	1	50	0	0	0	0	10	12	0	11	1	0	9	0	230
Iced Coffee 30oz	850	1	80	0	0	0	0	15	18	0	17	2	0	14	0	340
Ice Coffee 40oz	1134	1	110	0	0	0	0	20	24	0	22	3	0	18	0	450

Fountain Drinks

Coca-Cola 20oz	425	1	200	0	0	0	0	0	51	0	51	0	0	0	0	0
Diet Coke 20oz	425	1	0	0	0	0	0	0	15	0	0	0	0	0	0	0
Brisk Iced Tea & Lemonade 20oz	425	1	80	0	0	0	0	0	45	21	0	20	0	0	0	0
Brisk Lemon Iced Tea 20oz	425	1	110	0	0	0	0	0	50	27	0	27	0	0	0	0
Brisk Sweet Iced Tea 20oz	425	1	110	0	0	0	0	0	60	27	0	27	0	0	0	0
Brisk Unsweetened Iced Tea 20oz	425	1	0	0	0	0	0	0	55	0	0	0	0	0	0	0
Diet Dr. Pepper 20oz	425	1	0	0	0	0	0	0	90	0	0	0	0	0	0	0
Diet Mt. Dew 20oz	425	1	0	0	0	0	0	0	70	1	0	1	0	0	0	0
Diet Pepsi 20oz	425	1	0	0	0	0	0	0	70	0	0	0	0	0	0	0
Dr. Pepper 20oz	425	1	200	0	0	0	0	0	55	49	0	48	0	0	0	0
Gatorade Orange 20oz	425	1	120	0	0	0	0	0	220	30	0	29	0	0	0	0
Mist Twist 20oz	425	1	200	0	0	0	0	0	40	51	0	51	0	0	0	0
Mt. Dew 20oz	425	1	220	0	0	0	0	0	65	55	0	55	0	0	0	0
Mt. Dew Kickstart- Black Cherry 20oz	425	1	80	0	0	0	0	0	65	20	0	19	0	0	0	0
Mug Root Beer 20oz	425	1	200	0	0	0	0	0	55	49	0	49	0	0	0	0
Pepsi 20oz	425	1	210	0	0	0	0	0	40	52	0	52	0	0	0	0
Sobe Lifewater Yumberry Pomegranate 20oz	425	1	0	0	0	0	0	0	60	0	0	0	0	0	0	0
Tropicana Lemonade 20oz	425	1	200	0	0	0	0	0	190	50	0	50	0	0	0	0
Tropicana Pink Lemonade 20oz	425	1	200	0	0	0	0	0	190	50	0	50	0	0	0	0
Brisk Raspberry Iced Tea 20oz	425	1	100	0	0	0	0	0	55	24	0	24	0	0	0	0
Crush Orange 20oz	425	1	220	0	0	0	0	0	55	54	0	54	0	0	0	0
Mt. Dew Code Red 20oz	425	1	230	0	0	0	0	0	65	58	0	58	0	0	0	0
Wildcherry Pepsi 20oz	425	1	210	0	0	0	0	0	35	52	0	52	0	0	0	0
Tropicana Fruit Punch 20oz	425	1	220	0	0	0	0	0	45	56	0	56	0	0	0	0
Coca-Cola 30oz	638	1	300	0	0	0	0	0	5	76	0	76	0	0	0	0
Diet Coke 30oz	638	1	0	0	0	0	0	0	25	0	0	0	0	0	0	0
Brisk Iced Tea & Lemonade 30oz	638	1	130	0	0	0	0	0	70	31	0	31	0	0	0	0
Brisk Lemon Iced Tea 30oz	638	1	160	0	0	0	0	0	75	41	0	41	0	0	0	0
Brisk Sweet Iced Tea 30oz	638	1	160	0	0	0	0	0	90	40	0	40	0	0	0	0
Brisk Unsweetened Iced Tea 30oz	638	1	0	0	0	0	0	0	85	0	0	0	0	0	0	0
Diet Dr. Pepper 30oz	638	1	0	0	0	0	0	0	135	0	0	0	0	0	0	0
Diet Mt. Dew 30oz	638	1	0	0	0	0	0	0	105	1	0	1	0	0	0	0
Diet Pepsi 30oz	638	1	0	0	0	0	0	0	105	0	0	0	0	0	0	0
Dr. Pepper 30oz	638	1	290	0	0	0	0	0	80	73	0	72	0	0	0	0
Gatorade Orange 30oz	638	1	180	0	0	0	0	0	330	45	0	43	0	0	0	0
Mist Twist 30oz	638	1	300	0	0	0	0	0	60	76	0	76	0	0	0	0
Mt. Dew 30oz	638	1	330	0	0	0	0	0	95	82	0	82	0	0	0	0
Mt. Dew Kickstart- Black Cherry 30oz	638	1	120	0	0	0	0	0	100	30	0	29	0	0	0	0
Mug Root Bear 30oz	638	1	290	0	0	0	0	0	85	73	0	73	0	0	0	0
Pepsi 30oz	638	1	310	0	0	0	0	0	60	78	0	77	0	0	0	0
Sobe Lifewater Yumberry Pomegranate 30oz	638	1	0	0	0	0	0	0	90	1	0	0	0	0	0	0
Tropicana Lemonade 30oz	638	1	300	0	0	0	0	0	290	75	0	75	0	0	0	0
Tropicana Pink Lemonade 30oz	638	1	300	0	0	0	0	0	290	75	0	75	0	0	0	0
Brisk Raspberry Iced Tea 30oz	638	1	150	0	0	0	0	0	85	37	0	37	0	0	0	0
Crush Orange 30oz	638	1	330	0	0	0	0	0	85	82	0	82	0	0	0	0
Mt. Dew Code Red 30oz	638	1	350	0	0	0	0	0	100	87	0	87	0	0	0	0
Wildcherry Pepsi 30oz	638	1	310	0	0	0	0	0	55	79	0	79	0	0	0	0
Tropicana Fruit Punch 30oz	638	1	340	0	0	0	0	0	70	84	0	84	0	0	0	0
Coca-Cola 40oz	850	1	400	0	0	0	0	0	10	101	0	101	0	0	0	0
Diet Coke 40oz	850	1	0	0	0	0	0	0	35	0	0	0	0	0	0	0
Brisk Iced Tea & Lemonade 40oz	850	1	170	0	0	0	0	0	90	42	0	41	0	0	0	0
Brisk Lemon Iced Tea 40oz	850	1	220	0	0	0	0	0	105	55	0	54	0	0	0	0
Brisk Sweet Iced Tea 40oz	850	1	220	0	0	0	0	0	120	54	0	54	0	0	0	0
Brisk Unsweetened Iced Tea 40oz	850	1	0	0	0	0	0	0	115	0	0	0	0	0	0	0
Diet Dr. Pepper 40oz	850	1	0	0	0	0	0	0	180	1	0	0	0	0	0	0
Diet Mt. Dew 40oz	850	1	5	0	0	0	0	0	140	1	0	1	0	0	0	0
Diet Pepsi 40oz	850	1	0	0	0	0	0	0	140	0	0	0	0	0	0	0
Dr. Pepper 40oz	850	1	390	0	0	0	0	0	110	98	0	96	0	0	0	0
Gatorade Orange 40oz	850	1	240	0	0	0	0	0	450	60	0	57	0	0	0	0
Mist Twist 40oz	850	1	410	0	0	0	0	0	80	101	0	101	0	0	0	0
Mt. Dew 40oz	850	1	440	0	0	0	0	0	125	110	0	109	0	0	0	0
Mt. Dew Kickstart- Black Cherry 40oz	850	1	160	0	0	0	0	0	135	40	0	39	0	0	0	0
Mug Root Bear 40oz	850	1	390	0	0	0	0	0	110	98	0	98	0	0	0	0

Pepsi 40oz	850	1	410	0	0	0	0	80	104	0	103	0	0	0	0	0
Sobe Lifewater Yumberry Pomegranate 40oz	850	1	0	0	0	0	0	120	1	0	0	0	0	0	0	0
Tropicana Lemonade 40oz	850	1	400	0	0	0	0	390	100	0	100	0	0	0	0	0
Tropicana Pink Lemonade 40oz	850	1	400	0	0	0	0	390	100	0	100	0	0	0	0	0
Brisk Raspberry Iced Tea 40oz	850	1	190	0	0	0	0	110	49	0	49	0	0	0	0	0
Crush Orange 40oz	850	1	430	0	0	0	0	110	109	0	109	0	0	0	0	0
Mt. Dew Code Red 40oz	850	1	460	0	0	0	0	130	116	0	116	0	0	0	0	0
Wildcherry Pepsi 40oz	850	1	420	0	0	0	0	75	105	0	105	0	0	0	0	0
Tropicana Fruit Punch 40oz	850	1	450	0	0	0	0	95	112	0	112	0	0	0	0	0

Slushies

Mt. Dew FCB 20oz	567	1	150	0	0	0	0	50	40	0	40	0	0	0	0
Mt. Dew FCB 30oz	850	1	220	0	0	0	0	75	60	0	60	0	0	0	0
Mt. Dew FCB 40oz	1134	1	300	0	0	0	0	100	80	0	80	0	0	0	0
Blue Raspberry FCB 20oz	567	1	150	0	0	0	0	35	37	0	37	0	0	0	0
Blue Raspberry FCB 30oz	850	1	220	0	0	0	0	55	56	0	56	0	0	0	0
Blue Raspberry 40oz	1134	1	300	0	0	0	0	75	75	0	75	0	0	0	0
Pepsi FCB 20oz	567	1	150	0	0	0	0	25	37	0	37	0	0	0	0
Pepsi FCB 30oz	850	1	220	0	0	0	0	40	56	0	56	0	0	0	0
Pepsi FCB 40oz	1134	1	300	0	0	0	0	50	75	0	75	0	0	0	0
Blue Raspberry Siberian Chill 20oz	567	1	320	0	0	0	0	25	80	0	80	0	0	0	0
Blue Raspberry Siberian Chill 30oz	850	1	480	0	0	0	0	40	120	0	120	0	0	0	0
Blue Raspberry Siberian Chill 40oz	1134	1	640	0	0	0	0	50	160	0	160	0	0	0	0
Cherry Siberian Chill 20oz	567	1	330	0	0	0	0	25	82	0	80	0	0	0	0
Cherry Siberian Chill 30oz	850	1	490	0	0	0	0	40	124	0	120	0	0	0	0
Cherry Siberian Chill 40oz	1134	1	660	0	0	0	0	50	165	0	160	0	0	0	0
Orange Cream Siberian Chill 20oz	567	1	320	0	0	0	0	0	82	0	82	0	0	0	0
Orange Cream Siberian Chill 30oz	850	1	490	0	0	0	0	0	124	0	124	0	0	0	0
Orange Cream Siberian Chill 40oz	1134	1	650	0	0	0	0	0	165	0	165	0	0	0	0
Strawberry Kiwi Siberian Chill 20oz	567	1	320	0	0	0	0	0	82	0	82	0	0	0	0
Strawberry Kiwi Siberian Chill 30oz	850	1	490	0	0	0	0	0	124	0	124	0	0	0	0
Strawberry Kiwi Siberian Chill 40oz	1134	1	650	0	0	0	0	0	165	0	165	0	0	0	0